

U.S. Department of Labor
Office of Labor Management
Standards
Washington DC 20210

FORM LM-30

LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved
Office of Management
and Budget
No 1215-0188
Expires 11 30-2006

This report is mandatory under P L 86-257 as amended. Failure to comply may result in criminal prosecution fines or civil penalties as provided by 29 U S C 439 or 440

For Official Use Only



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT

1 File Number U <u>25861</u> <u>25861</u>	2 Fiscal Year Covered From <u>01</u> / <u>01</u> / <u>2005</u> Through <u>12</u> / <u>31</u> / <u>2005</u>
3 Name and address of person filing Name <u>Karen</u> <u>A</u> <u>Ford</u> P O Box Bldg Room No if any _____ Street <u>216 West 31st Street</u> City <u>Richmond</u> State <u>VA</u> ZIP Code + 4 <u>23225</u>	4 Name file number and address of labor organization Name <u>NPMHU-Local 305</u> Labor Organization File Number <u>091-866</u> P O Box, Building and Room Number if any _____ Street <u>14907 Fitzhugh Ave., Ste. 200</u> City <u>Richmond,</u> State <u>VA</u> ZIP Code + 4 <u>23230</u>
5 Position in labor organization <u>Office Manager/Health Plan Coordinator</u>	

Enter appropriate data below if during the past fiscal year you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions)

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent

6 Name and address of Employer (including trade name if any) Name _____ Trade Name if any _____ P O Box Bldg Room No if any _____ Street _____ City _____ State _____ ZIP Code + 4 _____	7 a Nature of Interest Transaction or Income _____ _____ _____ 7 b Amount _____
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Signature

15 Signature and verification The undersigned declares under penalty of Perjury and other applicable penalties of the law that all of the information submitted in this report (including the information contained in any accompanying documents) has been examined by the signatory and is to the best of the undersigned's knowledge and belief true correct, and complete (See the section on penalties in the instructions)

Signed Karen Ford

On 05/11/06
Date

804/232-0669
Telephone Number

Name of Person Filing

Karen Ford

File Number U

B Hold an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from selling or leasing to or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent or (2) any part of which consists of buying from or selling or leasing directly or indirectly to or otherwise dealing with your labor organization or with a trust in which your labor organization is interested

8 Name and address of Business (including trade name if any)

Name First Health

Trade Name if any

P O Box Bldg Room No if any 3200 Highland AveStreet 3200 Highland AveCity Downers GroveState IL ZIP Code + 4 60515

9 Business deals with

☒ a Labor Organization☐ b Trust☐ c Employer

10 If 9 b or 9 c is checked give trust or employer's name

Name

Trade Name if any

P O Box Bldg Room No if any

Street

City

State ZIP Code + 4

11 a Nature of such dealing

Administrator of Health Plan

11 b Approximate dollar value of such dealing

OVER \$1 Billion

12 a Nature of interest held or income received

Hospitalities, Awards Banquet & outside activity

12 b Amount

\$400

C Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value

13 a Name and address of Employer or Labor Relations Consultant (including trade name if any)

Name

Trade Name if any

P O Box Bldg Room No if any

Street

City

State ZIP Code + 4

14 a Nature of payment

13 b Is the Business an Employer ☐ or Consultant ☐ ?

14 b Amount of payment